

# My Consents & Releases Of Information Overview

## **What is a release of information?**

A release of information form lets one person on your or your baby's care team talk to or share information about your care with another person. They do this so that they can help take care of you and your baby. You will be asked to sign a form that says what personal information can and cannot be shared with others. Your care team will always ask you if it is okay to share information before they share. Sharing information with the people on your care team helps them support you.

## **What is a consent form?**

A consent form is a form that your care team will ask you to sign so they can do something to help in your and your baby's care. Someone on your care team may ask you to sign a consent form to do a procedure or to collect or share information. Your signature means you understand what is being asked and agree to any possible risks.

## **Do I have to sign a release of information or consent forms?**

You do not have to sign these forms if you do not want to. However, signing these forms can benefit you and your baby. With both forms, it is important to understand what you are being asked to sign and what information the provider wants to share.

## **Can I cancel a release of information or consent form?**

Yes. You can let the care team know you want to cancel either form at any time. This will mean you no longer give permission for what was agreed to on the form originally.